

Congressman Jim Costa offers internships to qualified college students and graduates who are interested in gaining hands-on experience in a congressional office. Full and part-time unpaid internships are offered year-round in our Washington DC office and in our district offices in Fresno and Bakersfield. To read testimonials by Congressman Costa's former interns, [click here](#).

In our Washington office, internships allow students to actively observe the legislative process while participating in the administrative operations of a congressional office. Intern responsibilities include attending hearings, researching legislative issues, responding to constituent inquiries, processing tour and flag requests, opening and routing incoming mail, giving tours of the Capitol, and performing general office duties.

In our Fresno and Bakersfield office, interns will gain hands-on experience interacting with constituents, elected officials, and business and community leaders. Interns will communicate with state and federal agencies to address the concerns and alleviate the problems of residents of the Central Valley.

Terms and dates of internships are flexible to accommodate course credit requirements and quarter and semester students. College graduates, who are interested in pursuing professional opportunities in government-related fields, are also encouraged to apply.

[Click here](#) to download and print our [Intern Application Packet](#) containing general information, minimum requirements, and where, when, and how to apply for an internship in one of our offices.

Apply early and send required documents to the addresses listed in our Intern Application Packet.



Students enrolled at California State University, Fresno may apply to the [Costa Scholarship Federal Intern Program through the Maddy Institute](#)

. This program provides outstanding students with the opportunity to expand their career horizons through an intensive educational experience in a federal office.

Students who are enrolled at a University of California may wish to look into the [UCDC program](#), which provides the opportunity to intern in Washington D.C. for academic credit.

**Click below for information on the California State Society's
[Bono/Capps Internship Program](#)**

For more information about student jobs and other internship opportunities, please consult the following government websites.



[Student Internet Portal to the U. S. Government](#)

STUDENTJOBS.gov
"BUILDING AMERICA'S

[Student Jobs with the U.S. Government](#)